#### Harvest Bar | October 13 – 17, 2025

#### Options to offer in each of the 6-8 bins on the bar and guidelines.

- Offer at least 3 different fruits and 3 different vegetable options daily. Order a variety to keep your stand new and fresh.
- Fresh produce items will be updated each month. Items no longer in season will be removed and new items in season will be added.
- Please refer to the Food Services Resources page, in the Harvest Bar section, for other helpful information.

## SALAD BASE Offer one of these DAILY

- Romaine Mix Salad (CMS# 3854, RSB4012)
- Romaine Thick Shred (CMS #3368, RSB4000)
   Use only for burgers & sandwiches
- Coleslaw Mix, Shredded Cabbage (CMS #3823, RSB4019)

#### **OPTIONAL EXTRA**

Croutons (CMS# 1427, RSB2100)

# DARK GREEN VEGETABLE Offer one of the following or a combination of both 2x or more/wk

- Romaine Mix Salad (under SALAD BASE)
  - OTHER VEGETABLE
    Offer 1x/wk or more
    FARMER'S HARVEST
  - (Auto Shipped): Spork Farms Celery Sticks (CMS #2072, RSB4636)
- Cauliflower Florets (CMS #3103, RSB4017)

## FARMER'S HARVEST (Auto Shipped; Must use in Bibimbap's Cucumber Salad recipe on 10/16)

 Aziz Farms Mini Persian Cucumbers (CMS #2081, R4635)

## RED/ORANGE VEGETABLE Offer 3x/wk

- Petite Baby Carrots (CMS# 3888, RSB4001)
- Carrot, Shredded (CMS #3213, RSB4632)
- Grape Tomato (CMS #3487, RSB4005)
- Tomato Slices (CMS #3086, RSB4635)
  - Use only for burgers & sandwiches

#### BEANS/PEAS Offer 2x/wk

- Vegetable Crunchies (CMS# 1707, R4612)
- Garbanzo Beans (CMS #1936, RSB4014)
- Edamame (CMS #2050, RSB4022)

#### \*VEGETABLE JUICE CUPS/SLUSH Offer NO more than 2x/wk

- Cherry Smooth Cup (CMS #2364)
- Tropical Trio Slush (CMS #2665, R4524)
  - \*ONLY 1 slush/juice, vegetable or fruit slush is allowed on any day

# ANY VEGETABLE Offer 3x/wk. Can offer any from the groups listed below.

- Dark Green
- Red/Orange
- Beans/Peas
- Other

### FARMER'S HARVEST Auto Shipped, serve on 10/16 for CA Crunch Day

 Dickinson Farms Granny Apple (CMS #2057, R3375)

### FRESH FRUIT Offer Daily

- Banana (CMS# 3204, R3005)
- Pear, Bosc (CMS #3938, R3373)
- Plum (CMS #3522, R3152)
- Kiwi (CMS #3846, R3288)
- Red Grapes (CMS #3176, RSB3009)

# FRESH FRUIT Offer Daily

Choose from the same options available under the previous "FRESH FRUIT" slot.

## \*FRUIT JUICE CUP/SLUSH Offer NO more than 2x/wk

- Cherry Lemon Cup (CMS #2981)
- Strawberry Creamsicle (CMS #2861)
- Raspberry Passion Fruit Slush (CMS #2472, R3855)
- Frozen Tangerine Juice Cup (CMS #2871, R3856)
- \* ONLY 1 JUICE CUP/SLUSH, vegetable or fruit, is allowed on any day

Offer another fresh fruit or vegetable if slush not served or use a full pan of an item to fill the space on the bar.

#### Condiments

Tajin Seasoning Packet, CMS# 1321 Ranch Dressing, R7110-CB/R7111-DW Liquid Chamoy (CMS #1729, R7129)

How Many Bins on the Bar: Depending on what size bin is used - large full size or the long, skinny size – the number of bins will vary from 6 to about 8. For popular items, use the large full-size bin. For less popular items, use the long skinny bin.